



# Redlands Playgroup

A Service of Bayside Family Day Care

Weekly Playgroup Sessions for Children of Parents and Early Childhood Educators in The Redlands

*A WEEKLY UPDATE MESSAGE FROM MICHELLE NOTT, REDLANDS PLAYGROUP COORDINATOR*

**Message for the Week Culminating on August 20th, 2010**

## **'Hello Africa'**

We are looking forward to our **African Cultural Drumming, Singing and Dancing Workshop on Friday 20<sup>th</sup> August.**

**Hello Africa** is a lively introduction to the culture and lifestyle of African people. It has a focus on fun, education and participation. It is an interactive workshop that should be very enjoyable. The show will begin at 10.30am, therefore playtime will be shorter (9am-10.15am).

*We will do a quick pack up at 10.15, ready for the show.*

The "Hello Africa" show will go for 45 minutes.

## **Book Week**

Book week is going to be celebrated at Playgroup on Friday 27<sup>th</sup> August. We are encouraging everyone to come dressed as their favourite Story Book Character on this day. We would like this to be a FUN experience for you and your child and we do not require your child to wear elaborate costumes.

I will be attending a Training Workshop on Friday 27<sup>th</sup> August so won't be at Playgroup. Nanette Clissold has very generously agreed to step in for me. Please make Nanette welcome, she is very much looking forward to meeting you and may even bring in a special surprise!

## **How to make Clapping Sticks (NAICD Children's Activity Kit – SNAICC)**

Clapping sticks are also known as music sticks or tapping sticks and are made of wood and decorated by burnt wire markings or paintings. Two sticks are tapped together to provide a beat. They can come in many sizes and both males and females may use them.

### You Need:

- a variety of coloured paints
- Thin sticks for dot painting
- Lengths of dowel (You can purchase dowel from hardware shops.  
You can even try looking for smooth branches.)
- Egg Carton to put them in to dry
- Paint brushes

*Paint the dowel in a plain colour such as a variety of browns or black or try mixing the colours for a wood look. You can also paint one half one colour and the other half another colour.*

*If someone has a grinder, the edges could be shaved off to make it pointed. To make it easier for painting, paint most of the sticks, and then place into the bottom of an egg carton to dry.*

*When dry turn them upside down and finish painting the other end. When the sticks are dry, you can decorate the sticks by drawing designs. To help children make designs, you can use pencil marking the sticks, and then paint over the pattern.*

## Games to Play

Try these two action games featuring Australian Animals.

### Round and round the billabong

(circle finger on child's palm)

In and out of trees, (move finger in and out if child's fingers)

One jump, two jump, (finger jump up arm)

Catch me if you please. (tickle under arm)

### We're all in!

(Can you do these actions?)

Frogs leap

Koalas sleep

Ducks waddle

Wombats muddle

Kangaroos hop

Horses clop

Platypus swim

We're all in.

## ADMINISTRATIVE NOTES

**For safety reasons, it is very important that children sit and eat their Morning Tea at the tables and completely finish before playing. Thank you for your understanding and co-operation. Please also remember to sign your children in and out.** Playgroup offers you a unique opportunity to enjoy your children in an early childhood setting. You are your child's first teacher and the time and energy you expend at this time will pay dividends at a later date.